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Multitasking While Driving: How Drivers Self-Regulate Their Interaction with In-Vehicle Touchscreens in Automated Driving

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ABSTRACT

Driver assistance systems are designed to increase comfort and safety by automating parts of the driving task. At the same time, modern in-vehicle information systems with large touchscreens provide the driver with numerous options for entertainment, information, or communication, and are a potential source of distraction. However, little is known about how driving automation affects how drivers interact with the center stack touchscreen, i.e., how drivers self-regulate their behavior in response to different levels of driving automation. To investigate this, we apply multi-level models to a real-world driving dataset consisting of 31,378 sequences. Our results show significant differences in drivers' interaction and glance behavior in response to different levels of driving automation, vehicle speed, and road curvature. During automated driving, drivers perform more interactions per touchscreen sequence and increase the time spent looking at the center stack touchscreen. Specifically, at higher levels of driving automation (level 2), the mean glance duration toward the center stack touchscreen increases by 36% and the mean number of interactions per sequence increases by 17% compared to manual driving. Furthermore, partially automated driving has a strong impact on the use of more complex UI elements (e.g., maps) and touch gestures (e.g., multitouch). We also show that the effect of driving automation on drivers' self-regulation is greater than that of vehicle speed and road curvature. The derived knowledge can inform the design and evaluation of touch-based infotainment systems and the development of context-aware driver monitoring systems.

KEYWORDS

Human-computer interaction; driver behavior; driver distraction; naturalistic driving study; driving automation

1. Introduction

Driver distraction is one of the main causes of motor vehicle crashes. The primary goal of automated driving functions like Adaptive Cruise Control (ACC) and Lane Centering Assist (LCA), apart from making driving more comfortable, is to make driving safer. Multiple studies show that these systems can make driving safer by an increased time headway and that they reduce the incidence of critical situations (Ervin et al., 2005; Faber et al., 2012). However, even though automated driving functions are more widely available and powerful than ever, the number of crashes based on human error due to distraction stagnated in recent years (National Center for Statistics & Analysis, 2021). Studies show that driving automation does not only positively affect driving safety but also tends to increase the margins in which drivers consider it safe to engage in non-driving-related tasks (Dunn et al., 2020; Morando et al., 2019; Risteska et al., 2021). To interact with In-Vehicle Information Systems (IVISs) or mobile phones while driving, drivers need to distribute their attention between the primary driving task and the non-driving-related secondary task. Although drivers are proven to self-regulate their secondary task engagements based on driving demands (Christoph et al., 2019; Onate-Vega et al., 2020; Oviedo-Trespalacios et al., 2019), this

task-switching behavior is directly associated with an increased crash risk (Dingus et al., 2016). This is particularly critical as drivers tend to overestimate the capabilities of automated driving functions (DeGuzman & Donmez, 2021) potentially making it more likely to engage in non-driving-related tasks (Dunn et al., 2020) in situations in which they are supposed to monitor these functions constantly (On-Road Automated Driving (ORAD) committee, 2021).

As modern IVISs continue to improve and large center stack touchscreens are becoming the main interface between driver and vehicle, the temptation for drivers to interact with them is likely to increase (Starkey & Charlton, 2020). A deep understanding of how drivers self-regulate their secondary task engagements in response to varying driving demands can facilitate the design of IVISs that are safe to use in all situations (Ebel et al., 2021). Knowing what naturally feels safe for drivers can also, improve attention management systems to provide situation-dependent interventions when inappropriate self-regulation is detected (Risteska et al., 2021). To better understand how drivers adapt their engagement in secondary touchscreen tasks, we investigate the effect of driving automation (manual vs. ACC vs. ACC + LCA), vehicle speed, and road curvature on drivers' tactical and operational self-regulation. We further show how the effect of driving automation depends on

vehicle speed and road curvature. Therefore, we employ multilevel modeling on a real-world driving dataset consisting of 31,378 user interaction sequences and the accompanying driving and eye tracking data.

To evaluate tactical self-regulation, we fit generalized linear mixed models estimating the probability of drivers interacting with specific UI elements. Our results show that drivers self-regulate their interaction behavior differently across the UI elements. During ACC + LCA driving, the odds of a driver interacting with a map element are, for example, 1.62 times as high as for manual driving. The probability to interact with a regular button, however, remains similar.

Furthermore, we measure drivers' operational self-regulation as glance behavior adaptations. The multilevel modeling results indicate that drivers adapt their glance behavior based on automation level, vehicle speed, and road curvature. Across all driving situations, the mean glance duration increases by 12% for ACC compared to manual driving and by 36% for ACC + LCA driving. The odds that drivers perform a glance longer than 2 seconds are 1.6 and 3.6 times as high, respectively.

1.1. Relation to previous publications

This article is an extension of a previous publication (Ebel et al., 2022). In the article at hand, we make the following additional contributions:

- We base our analysis on three times as much data as in the previous article. In our previous work, we analyzed 10,139 driving sequences from a time period of three months (October 2021–February 2022). In the article at hand, we have extended this dataset to 31,378 driving sequences from one year (October 2021–October 2022).
- We have refined the data processing and the statistical models. First, in contrast to our previous work, we removed all sequences during which the driver did not perform a gaze transition between the center stack touchscreen and the road. Therefore, we only consider sequences during which regulations actually happened. Secondly, we extended our statistical models to also account for different car types as random effects.
- In the previous article, we only analyzed the effect of driving automation, vehicle speed, and road curvature on glance behavior and interactions with specific UI elements. We now also analyze how these factors affect the number of interactions and the number of touch gestures within a sequence.

Due to the improvements in data processing and the larger dataset, the results of this article are not directly comparable with the results of our previous article in terms of absolute numbers. However, our results confirm the general trends observed in the previous article. In particular, this article confirms the finding that, at the tactical level, drivers' self-regulation of complex touchscreen interactions is more sensitive to driving demand than that of simple interactions.

1.2. Driver distraction

Driving a car is a complex task. It requires drivers to simultaneously perform different activities. They need to watch and follow the road, perform steering and pedal movements, and react to sudden changes in the driving environment (Regan & Oviedo-Trespalcacios, 2022). Despite the complexity of the driving task, drivers tend to engage in non-driving related activities like talking to the passenger or interacting with the smartphone or the IVIS. Regan et al. (2009) describe the interaction with devices like mobile phones or IVISs as a competing activity. These interactions compete with the resources required to perform activities critical for safe driving. Thus, driver distraction is defined as the “*diversion of attention away from activities critical for safe driving toward a competing activity*” (J. Lee et al., 2008). Whereas various types of driver distraction exist, we will focus on *visual distraction*. Visual distraction is concerned with drivers taking their eyes off the road. Thus it is also described as the “[d]iversion of attention towards things that we see” (Regan & Oviedo-Trespalcacios, 2022). Studies show that visual distraction is correlated with increased crash risk. Klauer et al. (2006) found that glances off the road longer than two seconds increase the crash risk by two times compared to normal driving. Accordingly, the “Visual-Manual NHTSA Driver Distraction Guidelines for In-Vehicle Electronic Devices” (National Center for Statistics & Analysis, 2014) define upper bounds for glances longer than two seconds. This shows that visual distraction is an important factor that needs to be considered when designing IVISs.

1.3. Drivers' self-regulative behavior

While interacting with touch-based IVISs, drivers divide their visual attention between the primary driving task and the secondary touchscreen interaction. Research shows that drivers actively self-regulate their multitasking behavior to maintain safe driving. They adapt their level of engagement to mitigate the risks associated with the secondary task demands (Rudin-Brown, 2013). According to Rudin-Brown (2013), this self-regulative behavior can be intentional or unintentional. The authors further argue that it occurs at three distinct levels derived from Michon's driver task model (Michon, 1985): strategic, tactical, and operational.

Strategic self-regulation describes driver decisions that are made on a timescale of minutes or more (Rudin-Brown, 2013). These decisions are often constant over a trip. Some drivers, for example, report that they never engage in a secondary task in heavy traffic, in poor weather conditions, or when driving at nighttime (Young & Lenné, 2010). Oviedo-Trespalcacios et al. (2019) modeled strategic self-regulation as the decision to pull over to perform a secondary task. In this study, some drivers made the strategic decision to not engage in secondary tasks while driving.

Tactical self-regulation refers to a driver's decision to engage in a secondary task according to the driving demand. Drivers make tactical decisions in the time frame of seconds (Rudin-Brown, 2013) and continuously update them while

driving. Many studies investigate drivers' engagement in mobile phone tasks while driving. The results show that drivers are less likely to engage in a visual manual phone task when driving demands are high (high speed, sharp turns, etc.) (Hancox et al., 2013; Ismael et al., 2020; Oviedo-Trespalacios et al., 2018,1; Tivesten & Dozza, 2015). Tivesten and Dozza (2015) show that drivers use information about the upcoming driving demand to decide whether or not to engage in a secondary task. Somewhat contrary results are presented by Horrey and Lesch (2009). The authors found that, although drivers were well aware of the demands of specific traffic situations, it had little influence on the decision to engage in the secondary task. This is consistent with findings presented by Carsten et al. (2017) who show that drivers stopped engaging in easy tasks when the driving demand increased but continued to engage in more demanding secondary tasks. Liang et al. (2015) found that drivers avoided initiating a secondary task before an immediate transition to higher driving demands. However, drivers did not postpone their secondary task engagement when driving demand was already high (Liang et al., 2015). Carsten et al. (2017) and Liang et al. (2015) argue that more work is needed to evaluate the factors influencing tactical self-regulation.

Operational self-regulation describes behavioral adaptations made by the driver while actively engaging in a secondary task. This implies that on the strategic and tactical level the driver already decided to engage in a secondary task. Operational self-regulation can be bidirectional. Research shows that drivers adjust their driving behavior in terms of vehicle speed, lane position, or time headway, when they engage in a secondary task (Choudhary & Velaga, 2017; Morgenstern et al., 2020; Onate-Vega et al., 2020; Oviedo-Trespalacios et al., 2018; Schneider et al., 2017). On the other hand, recent findings show that drivers also adjust their secondary task engagement in response to variations in driving demand. Oviedo-Trespalacios et al. (2019) found that drivers temporarily stopped the use of mobile phones to cope with varying driving demands (Oviedo-Trespalacios et al., 2019). Similarly, in a test track experiment, Liang et al. (2015) show that drivers adjust their time-sharing behavior according to driving demands (Liang et al., 2015). In addition, Tivesten and Dozza (2014) state that drivers allow for more distraction in less demanding situations. In a naturalistic driving study, drivers performed shorter off-road glances during turning when a lead vehicle was present and when they detected oncoming traffic (Tivesten & Dozza, 2014). Tivesten and Dozza (2014) further state that drivers prioritize secondary tasks over monitoring the driving environment, especially in low-speed situations. Accordingly, Risteska et al. (2021) show that drivers' off-path glances decrease in situations with higher visual difficulty (Risteska et al., 2021).

1.4. The effect of driving automation on self-regulation

Many studies have investigated the effect of partially automated driving (Level 1 and Level 2 according to SAE J3016

(On-Road Automated Driving (ORAD) committee, 2021)) on drivers' secondary task engagement. As laid out in the following, the results suggest that more automation results in less driver engagement and, thus, a lower capability to correctly assess the current driving situation.

Lin et al. (2019) investigate drivers' self-regulation in Level 2 driving according to the levels of situation awareness as proposed by Schömig and Metz (2013). On the control level, which corresponds to operational self-regulation, they found that drivers adapt their behavior according to the severity of the hazard. Whereas they pause their engage in case of urgent hazards, they continue to engage with a more frequent task switching behavior) in case of less urgent hazards. In addition, many studies investigated how drivers allocate their visual attention during partially automated driving. Results from the Virginia Connected Corridors Level 2 naturalistic driving study (Dunn et al., 2020) indicate that the use of Level 2 automation (i.e., ACC + LCA) led to drivers spending less time with their eyes on driving-related tasks. In accordance, Gaspar and Carney (2019) found that with partial automation activated, drivers made longer single off-road glances and had longer maximum total-eyes-off-road times (Gaspar & Carney, 2019). This finding is complemented by the results presented by Yang et al. (2021) who also found that off-road glances were longer in automated driving conditions and additionally investigated the effect of different levels of distraction. They found that off-road glances were longer for highly distracting secondary tasks (Yang et al., 2021). Noble et al. (2021) assessed the effect of ACC, LCA, and ACC + LCA on drivers' glance behavior and secondary task engagement. They found that during ACC + LCA driving, drivers execute longer and more frequent glances away from the road (Noble et al., 2021). They, however, did not find significant differences in the mean off-road glance duration nor in the tactical self-regulation when ACC + LCA was active. Another naturalistic driving study is presented by Morando et al. (2019) who found a significant decrease in the percentage of time with eyes on the road center when using ACC + Lane Keeping Assist (LKA) (Morando et al., 2019). In a subsequent study, the authors investigated drivers' glance behavior during disengagements of Tesla's Autopilot in naturalistic highway driving (Morando et al., 2021). Whereas they found that all off-road glances tended to be longer with AP compared to manual driving, the difference was particularly big for glances down and toward the center stack. The mean glance duration increased by 0.3 seconds and the proportion of glances longer than 2 seconds increased by 425% in Autopilot conditions compared to manual driving.

1.5. Research questions

We identify two main research gaps in the current state of the art: (1) Current work is mainly focused on self-regulation when interacting with mobile phones or when engaging in general secondary tasks such as eating, drinking, or talking to a passenger. No work addresses operational and tactical self-regulatory behavior during explicit

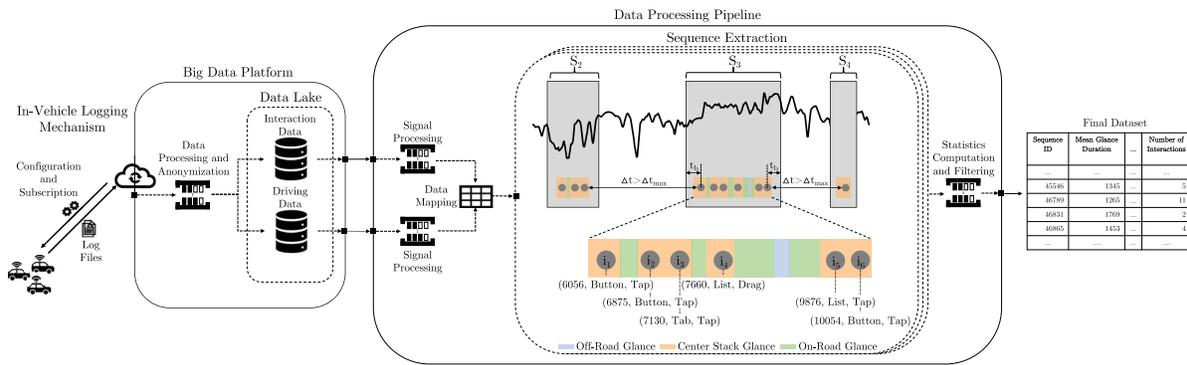


Figure 1. Schematic overview of the data collection and processing procedure. Adjusted according to Ebel et al. (2021) and Ebel et al. (2023).

interactions with IVISs. (2) Whereas multiple studies investigate the general effect of partial automation on drivers' self-regulation, there is yet no detailed investigation on the interdependencies between driving automation, vehicle speed, and road curvature (Figure 1).

Considering that modern IVISs are increasingly complex and incorporate nearly all the functionality of smartphones and that ACC and LCA are becoming more capable and accessible, we argue that both aspects need to be examined in more detail. Therefore, we aim to answer the following research questions:

RQ1: To what extent do drivers self-regulate their behavior on the tactical level when engaging in secondary touchscreen tasks depending on driving automation, vehicle speed, and road curvature?

RQ2: To what extent do drivers self-regulate their behavior on the operational level when engaging in secondary touchscreen tasks depending on driving automation, vehicle speed, and road curvature?

RQ3: Does the effect of driving automation on drivers' operational self-regulation vary in response to different driving situations?

2. Method

2.1. Data source and data collection

In this work, we analyze 31,378 interaction sequences extracted from 10,402 individual trips. More than 100 test vehicles and five different car models contributed to the data collection from mid-October 2021 to mid-October 2022. The vehicles are part of the internal test fleet of Mercedes-Benz. Figure 2 shows a vehicle with an interior that is representative of the cars in the fleet. They are used for a variety of testing procedures but also for transfer and leisure drives of employees. All vehicles that are equipped with the most recent software architecture, a stereo camera for glance detection, and ACC and LCA technology, contributed to the data collection. ACC automates the longitudinal control and LCA supports the lateral control keeping the car in the center of the lane. Both systems work at speeds between 0 km/h and 210 km/h. An additional feature



Figure 2. A center stack touchscreen representative for the touchscreens evaluated in this work (Mercedes-Benz Group AG, 2023).

is the so-called active traffic jam assist. If both systems are active and the driver is in a traffic jam on a multi-lane road with separate carriageways, the system can fully control steering and acceleration up to 60 km/h. However, the driver is still obliged to monitor the driving environment at all times. Thus, it is still a Level 2 driving automation system according to SAE J3016 (On-Road Automated Driving (ORAD) Committee, 2021).

All data used in this work was collected over the air, via the telematics data collection framework of Mercedes-Benz (see *In-Vehicle Logging Mechanism* and *Big Data Platform* in Figure 1). The *In-Vehicle Logging Mechanism* allows the collection of interaction data via the Human-Machine Interaction (HMI) Interface and the collection of driving and camera data via the Controller Area Network (CAN). Once a new configuration file is deployed to a car, the specified datapoints are logged and transferred to the *Big Data Platform*. Here, the data is processed and anonymized. All datapoints that were collected during the same trip are given the same unique identifier. Afterward, interaction and driving data is stored in a data lake.

In this work, we analyze touchscreen interactions, driving data (vehicle speed, steering wheel angle, and level of driving automation), and eye tracking data. Steering wheel angle and vehicle speed are logged at a frequency of 4 Hz. For each user interaction on the center stack touchscreen a datapoint that consists of a timestamp, the interactive UI element, and the coordinates of the fingers is logged. Based on the name of the UI element, each interaction is mapped to

Table 1. Overview of the different UI elements and touch gestures used as target variables to model drivers' tactical self-regulation.

Category	Description
UI elements	
Button	General buttons like push buttons or radio buttons
List	List containers used, for example, to present destination suggestions
Homebar	Static homebar on the bottom screens (e.g., music and climate controls)
AppIcon	Application icons on the home screen, used to start an application
Tab	Tab bar used to navigate between different views or subtasks
Map	Map viewer that displays a map and allows for interactions with it
Keyboard	Virtual keyboard or number pad to enter text
CoverFlow	Animated widget that, for example, allows flipping through album covers
Slider	Vertical or horizontal sliders used, for example, when changing the volume
RemoteUI	Apple Car Play or Android Auto
ControlBar	Menu controls to show context menus or popups
ClickGuard	Non-interactive background elements
Other	UI elements that do not fit any of the above categories
Unknown	UI elements for which the identifier is not specified
Gestures	
Tap	A one finger touch on the screen without significant movement
Drag	A one finger dragging motion
Multitouch	A multi finger gesture

one of the broader categories shown in Table 1. The type of gesture that the driver performed is inferred based on the press and release coordinates the detected touch points. To control for touchscreen interactions that are not performed by the driver, we also collect the seat belt signal of the front passenger. This allows us to detect sequences in which a passenger was present and might have interacted with the center stack touchscreen.

The glance data is acquired using a stereo camera located in the instrument cluster behind the steering wheel. The eye tracking is primarily based on the pupil-corneal reflection technique (Merchant, 1967), which is used in the majority of remote eye tracking devices (Hutchinson et al., 1989). The driver's field of view is divided into different Area of Interests (AOIs) and the system continuously keeps track of the driver's gaze by mapping it to one of the AOIs. The true positive rate of the AOIs describing the center stack touchscreen is above 90%. The system used in this research is a production system without the ability to capture raw video data.

2.2. Data processing

After the data is logged, anonymized, and stored, each signal is further processed as outlined below and visualized in Figure 1. These processing steps were developed in our previous work (Ebel et al., 2022; Ebel et al., 2021).

2.2.1. User interaction data

In contrast to controlled experiments, there is no predefined secondary task that the drivers have to perform. We know nothing about the drivers' intentions and do not know, which interactions belong together to perform a certain task. We rather observe drivers' natural behavior in an unbiased setting. We, therefore, extract user interaction sequences based on the assumption that drivers disengaged from the secondary task when they do not interact with the touchscreen for more than $\Delta t_{\max} = 10$ s (see Figure 1).

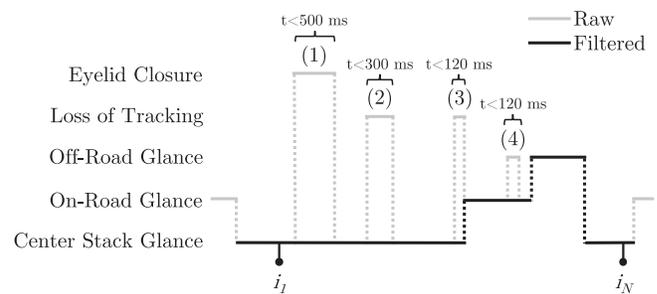


Figure 3. Glance processing procedure where i_1 indicates the first touchscreen interaction of a sequence and i_N indicates the last one. (1) Eyelid closure shorter than 500 ms, preceding and subsequent AOI are similar (2) Loss of tracking shorter than 300 ms, preceding and subsequent AOI are similar (3) Loss of tracking shorter than 120 ms, preceding and subsequent AOI are different (4) Fly-through shorter than 120 ms, preceding and subsequent AOI are similar.

The next interaction is then considered the starting point of a new interaction sequence.

2.2.2. Eye tracking data

We extract all glances toward the center stack touchscreen between the first i_1 and last interaction i_N of each interaction sequence. To improve the quality of the eye tracking data, we apply several filtering steps as depicted in Figure 3. The processing is partially adapted from related work (Morando et al., 2019) and follows ISO 15007-1:2020 (ISO/TC 22/SC 39 Ergonomics, 2020). (1) First, we filter all eyelid closures shorter than 500 ms to remove normal blinks and eyelid closures not associated with microsleeps. (2) To handle short periods of tracking loss, we interpolate gaps shorter than 300 ms if the preceding AOI is equal to the succeeding one, and (3) gaps shorter than 120 ms if the preceding and succeeding AOIs are different. 120 ms is the shortest fixation that humans can control (ISO/TC 22/SC 39 Ergonomics, 2020) and shorter fixations are physiologically impossible. Accordingly, to remove fly-throughs, (4) we also interpolate all glances shorter than 120 ms. When glances are interpolated, the duration of the filtered glance or tracking loss is added to the duration of the previous AOI if preceding and subsequent AOIs are different (see (3) in Figure 3).

If preceding and subsequent AOI are similar, the surrounding glances are merged as shown in (1) in Figure 3.

2.2.3. Driving data

The driving data consists of vehicle speed, steering wheel angle, and automation level. First, we extract all data that is relevant for a specific interaction sequence. For each sequence, we consider the vehicle speed and steering wheel angle data from two seconds before the first interaction until $t_b = 2$ s after the last interaction (see Figure 1). This allows to compute more stable aggregate statistics for very short sequences. We discard all sequences for which deviations in the logging frequency or sensor outages were detected.

2.2.4. Final filtering and data description

After individual signal extraction, the dataset contains 98,038 sequences. To improve data quality and control of confounding factors, we apply strict exclusion criteria as visualized in Figure 4. We discard all sequences with more than 41 interactions, which corresponds to the 99th percentile of the distribution of interactions per sequence. We further discard all sequences in which the car was at standstill. We filter these sequences, because we are only interested in self-regulation while driving. To control for potential distractions or interactions by the front passenger, we delete all sequences in which the front passenger seat belt buckle was latched. We, further, discard all sequences in which the

automation level cannot be unambiguously assigned. This includes sequences in which the driver selected another automation level or overwrote the current level by accelerating or braking. The driving automation can also be deactivated due to external factors like a loss of lane marking or bad weather conditions. Furthermore, all sequences with a loss of eye tracking larger than 300 ms are deleted. In contrast to our previous work (Ebel et al., 2022), we also discard all sequences during which the driver did not perform a gaze transition between the center stack touchscreen and the road. As we are interested in drivers' self-regulative behavior, we only consider sequences during which such regulation happened. Lastly, all sequences with errors in the speed or steering wheel angle signal are discarded. The final dataset contains 31,378 sequences of which 18,449 are manual driving, 1,542 are ACC driving, and 11,378 are ACC + LCA driving.¹

2.3. Statistical modeling

As stated in Section 1.5, we investigate how drivers' tactical and operational self-regulation changes in response to different levels of driving automation and driving contexts. In the following, we introduce the dependent and independent variables, and the statistical models we use. We define statistical significance at the level of $\alpha = 0.05$.

2.3.1. Dependent variables

We chose following dependent variables to model tactical and operational self-regulation:

2.3.1.1. UI interactions. Current approaches are mostly investigating tactical self-regulation by comparing the likelihood of a driver engaging in a specific secondary task given different driving situations. We aim to investigate drivers' tactical self-regulation in greater detail, such that we can draw conclusions about the UI design itself. Therefore, we choose the *number of interactions* (discrete), the *number of touch gestures* (discrete) and the *probability of driver interactions with specific UI elements* (categorical) as dependent variables. The different categories of UI elements and touch gestures are listed in Table 1.

2.3.1.2. Mean glance duration. The *mean glance duration* is a continuous variable. It is computed as the sum of the duration of all glances toward the center stack touchscreen during a sequence divided by the total number of glances per sequence.

2.3.1.3. Long glance. The dichotomous variable *long glance* indicates whether a driver glanced at the center stack touchscreen for more than two seconds. Eyes-off-road glances longer than two seconds are associated with an increased crash risk (Klauer et al., 2006). The proportion of such long glances is an important factor in evaluating drivers' operational self-regulation.

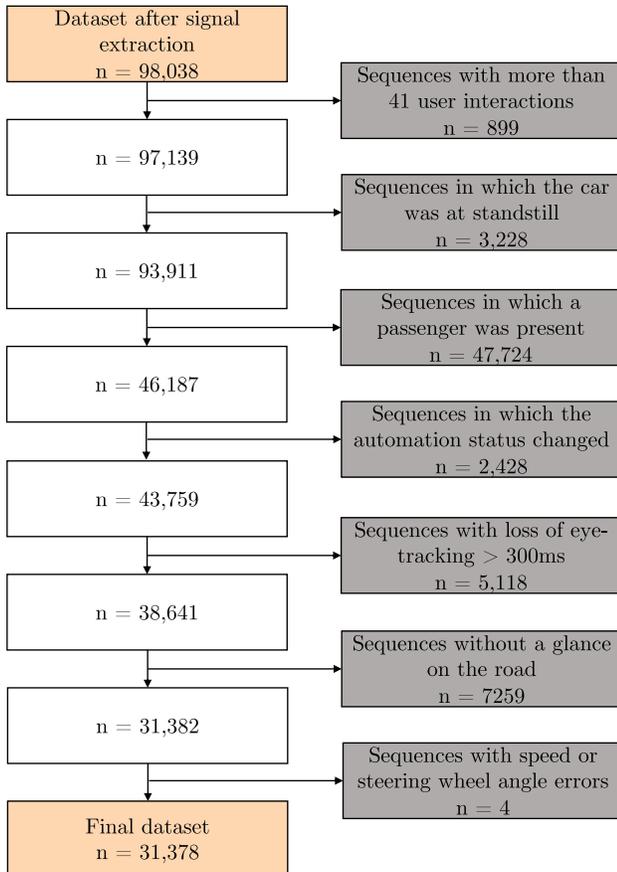


Figure 4. Data filtering procedure.

2.3.2. Independent variables

The dependent variables are analyzed with respect to the following independent variables:

2.3.2.1. Automation level. The automation level is a categorical variable with three distinct levels: *manual*, *ACC*, and *ACC+LCA*. According to SAE J3016 (On-Road Automated Driving (ORAD) Committee, 2021), these levels correspond to Level 0, 1, and 2 of driving automation. The automation level is constant throughout each sequence.

2.3.2.2. Vehicle speed. The vehicle speed is a categorical variable with three levels: $0 \text{ km/h} < v \leq 50 \text{ km/h}$, $50 \text{ km/h} < v \leq 100 \text{ km/h}$, $v > 100 \text{ km/h}$. It is computed as the mean speed across a sequence.

2.3.2.3. Road curvature. The road curvature is a categorical variable with two levels: *straight* or *curved*. An interaction sequence is classified as curved if the maximum absolute steering wheel angle is greater than 50° or if the absolute mean steering wheel angle is greater than 5° .

2.3.3. Models

To account for the hierarchical data structure and the unbalanced study design we use mixed-effects models. Our data structure is hierarchical because interaction sequences are nested within trips and many trips occur within specific car types. Furthermore, not all combinations of the independent variables are observed in all trips and car types. This results in an unbalanced study design. However, mixed-effects models also referred to as multilevel models (Hox, 1998), are well suited for unbalanced designs and account for grouping hierarchies (Magezi, 2015). Thus they are well suited to test our hypotheses.

We performed all our analyses using R Statistical Software (v4.2.1) (R Core Team, 2022). We used the *lme4* package (v.1.1.31) (Bates et al., 2015) to build the multilevel models, obtained p-values via the *lmerTest* package (v.3.1.3) (Kuznetsova et al., 2017), and computed the pairwise post-hoc tests using the *emmeans* package (v.1.8.2) (Lenth, 2022). Regression tables were generated using the *stargazer* package (v.5.2.3) (Hlavac, 2022).

2.3.3.1. User interaction models. To assess tactical self-regulation, we model the driver's decision to engage in a particular task in a particular driving situation. Specifically, we model the probability of drivers interacting with a particular UI element and the number of interactions and gestures drivers perform when interacting with the center stack touchscreen. To estimate the probability of a driver to engage with one of the UI elements, we fit one logistic mixed-effects model with random intercepts for each type of UI element and type of gestures. In alignment with our previous work (Ebel et al., 2022), none of the two-way or three-way interactions were significant or proved to significantly improve the predictive performance compared to the additive model. We therefore omit these interaction effects.

To model the number of interactions and gestures that drivers perform during an interaction sequence, we fit two negative binomial mixed-effects models with random intercepts. We use negative binomial models because the number of interactions is a discrete count value. We could have also used Poisson models but our tests have shown that they suffered from overdispersion.

For all user interaction models we include *automation level*, *vehicle speed*, and *road curvature* as fixed effects. Furthermore, we include the trip during which the sequence was recorded and the car type as random effect.

2.3.3.2. Glance behavior models. To estimate the *mean glance duration*, we fit four linear mixed-effects models with random intercepts. An exploratory data analysis showed that the distribution of the mean glance duration is heavily right-skewed. To satisfy the model assumption of normally distributed residuals we, therefore, apply a log transformation. In Model 1 we estimate the effect of driving automation on the mean glance duration across all driving situations by only selecting the automation level as a fixed effect. To account for the hierarchical structure of our data we include the trip during which an interaction sequence was recorded and the car type as random effects for both models. In Model 2 we add the vehicle speed and road curvature as additional fixed effects and allow for interaction effects. Similar to Model 1, the trip and car type are included as random effects. To estimate drivers' long glance probability, we fit two logistic mixed effect models with random intercepts. In Model 3 we select the automation level as a fixed effect and in Model 4 we add the vehicle speed and road curvature as fixed effects and model all interactions between the independent variables. The trip and car type information are, again, entered as random effects.

Visual inspection of residual plots and Q-Q plots of the final models did not reveal any obvious deviations from homoscedasticity or normality. We use Satterthwaite's degrees of freedom approximation to obtain p-values and evaluate significances (Luke, 2017). For the post-hoc pairwise comparisons we use Tukey's multiple comparison method (Tukey, 1949).

3. Results

In the following, we present the results obtained by fitting the above-introduced models to the 31,378 interaction sequences. By doing so we can model tactical and operational self-regulation. The analysis of the model coefficients and post-hoc tests allow us to quantify how drivers adapt their multitasking behavior according to changes in speed, road curvature, and driving automation.

3.1. Tactical self-regulation

3.1.1. Number of touch interactions and touch gestures

Table 2 shows the parameters of the user interaction models. We modeled the number of touch interactions, tap, drag, and multitouch gestures per sequence. The results suggest

Table 2. Negative binomial mixed-effects models describing the number of touchscreen interactions, tap gestures, drag gestures, and multi-touch gestures during an interaction sequence.

	Dependent variable:			
	Num. interactions	Num. tap gestures	Num. drag gestures	Num. Multitouch Gestures
Intercept	1.74*** (0.01)	1.52*** (0.02)	-1.12*** (0.03)	-2.77*** (0.09)
Automation level				
Manual [†]				
ACC	0.11*** (0.02)	0.07** (0.03)	0.29*** (0.06)	0.28** (0.09)
ACC + LCA	0.16*** (0.01)	0.07*** (0.01)	0.55*** (0.03)	0.47*** (0.05)
Vehicle speed				
0–50 [†]				
50–100	0.04*** (0.01)	0.03* (0.01)	0.12*** (0.03)	0.03 (0.04)
100+	0.01 (0.01)	-0.01 (0.01)	0.15*** (0.04)	0.04 (0.05)
Road curvature				
straight [†]				
curved	-0.17*** (0.01)	-0.13*** (0.01)	-0.42*** (0.04)	-0.33*** (0.05)
Akaike Inf. Crit.	173,027.10	163,962.60	69,556.59	53,842.50
Bayesian Inf. Crit.	173,102.30	164,037.80	69,631.77	53,917.68

Note: [†] indicates the reference group, * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$. For each model, the intercept and the coefficients describe the effect of the independent variables. They are shown along with the estimated standard error. The coefficients and standard errors of the negative binomial mixed-effects model are given on a logarithmic scale.

that driving automation, vehicle speed, and road curvature affect the number of touchscreen interactions and gestures that drivers perform when engaging with the center stack touchscreen. The influence of the independent variables is generally similar but differs significantly in magnitude comparing *Tap* gestures to *Drag* and *Multitouch* gestures.

The β coefficients of the negative binomial model are given on a logarithmic scale. They can be interpreted as follows: Keeping everything else constant, an increase of one level in the predictor variable results in a e^β increase of the dependent variable. Thus, drivers perform $e^{0.11} \approx 1.12$ as many interactions during ACC driving and $e^{0.16} \approx 1.17$ as many interactions during ACC + LCA driving compared to manual driving. This corresponds to an increase of 12% and 17% respectively. Considering the different gestures that add up to the number of interactions, the modeling results suggest that, during automated driving, drivers in particular perform more drag or touch gestures compared to regular tap gestures. For example, during ACC + LCA driving the number of *Tap* gestures per sequence increases by 7% whereas the number of *Drag* and *Multitouch* gestures increases by 73% and 60% respectively.

Road curvature also significantly affects the number of interactions and gestures that drivers perform on the center stack touchscreen. During curved driving, drivers perform $e^{-0.17} \approx 0.84$ as many interactions compared to straight driving. Whereas they only perform 12% less *Tap* gestures, the number of *Drag* and *Multitouch* gestures reduces by 34% and 28% respectively.

The effect of the vehicle speed on the number of interactions and gestures is in general smaller compared to the effect of driving automation and road curvature. The results indicate that drivers do not, or only slightly, adapt their tap and multitouch behavior in response to changes in vehicle speed. However, the number of *Drag* gestures that drivers perform is significantly higher when driving at speeds above 50 km/h compared to driving at speeds of 50 km/h and below.

3.1.2. Type of UI elements

Table 3 shows the parameters of the user interaction models for all UI elements that occur in more than 10% of all sequences.² The models were fit to predict the probability that a driver interacts with a specific UI element given the automation level, vehicle speed and road curvature. The results suggest that drivers adapt their interaction behavior with the center stack touchscreen based on automation status, vehicle speed, and road curvature. However, these effects do significantly differ for different types of UI elements.

The β coefficients for the independent variables given in Table 3 represent log-odds ratios. This means that, keeping everything else constant, a change in the predictor by one level results in a e^β increase or decrease in the odds that the driver interacts with the respective UI element. Considering the *Map* model the coefficients can be interpreted as follows: During ACC + LCA driving the odds that a driver performs a map interaction are $e^{0.48} \approx 1.62$ times as high as the odds of performing the same interaction in manual driving. On the other hand, when driving in curved conditions, the odds that the driver interacts with the map are $e^{-0.26} \approx 0.77$ the odds of performing a map interaction in straight driving conditions.

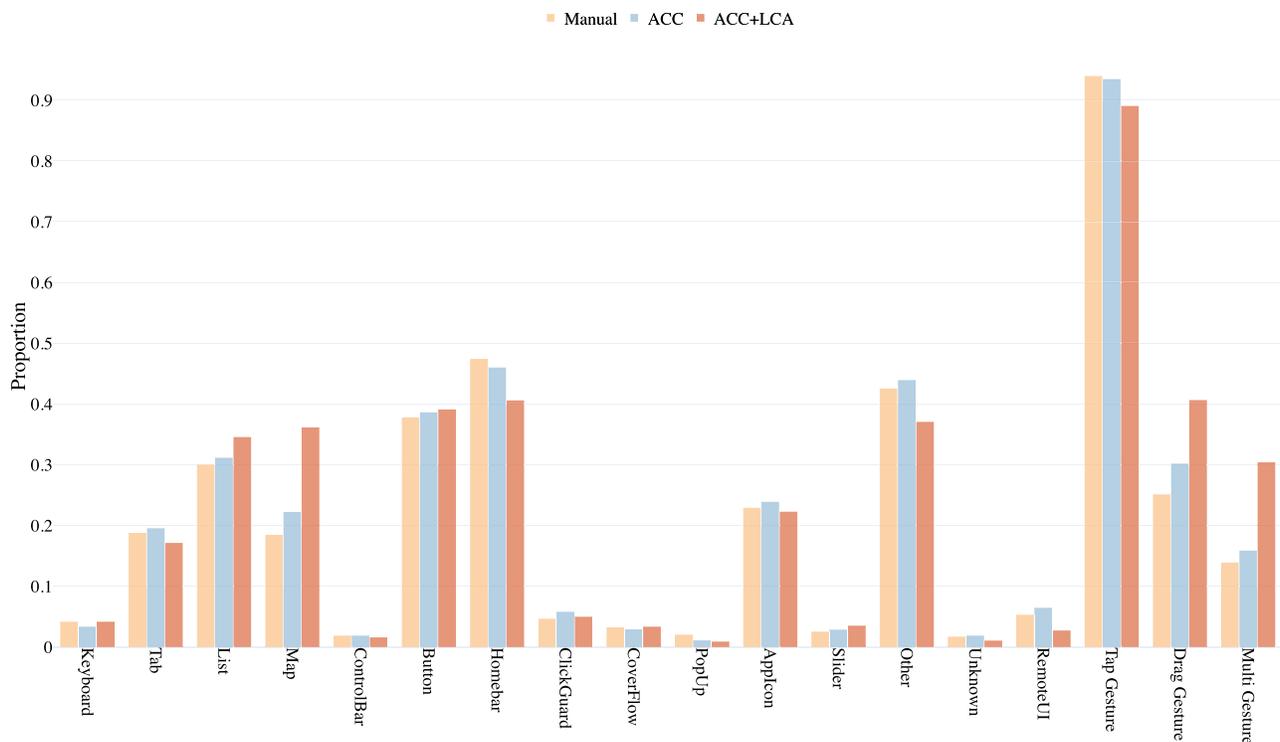
Whereas the effect of ACC isn't significant for any of the models, the effect of ACC + LCA is significant for all Models except of the *Tab* and *AppIcon* models. While drivers are more likely to interact with *List*, *Map*, and *Button* elements, they are less likely to interact with the *Homebar*. The odds to interact with the homebar are $e^{-0.17} \approx 0.84$ the odds compared to manual driving. These effects are also shown in Figure 5.

Concerning the effect of vehicle speed, the effect of 50–100 is only significant for *List* interactions, suggesting that drivers perform more list interactions when driving between 50 km/h and 100 km/h compared to driving at speeds equal to or below 50 km/h. The effect of 100+ is, however significant for *Tab*, *List*, and *Map*. Whereas the odds of drivers interacting with *Tab* elements are $e^{-0.18} \approx$

Table 3. Generalized linear mixed-effects models describing the probability of the driver interacting with Tab, List, Button, Homebar, or Applcon UI elements during an interaction sequence.

	Dependent variable:					
	Tab	List	Map	Button	Homebar	Applcon
Intercept	-1.60*** (0.05)	-0.98*** (0.05)	-2.40*** (0.09)	-0.52*** (0.04)	-0.04 (0.05)	-1.37*** (0.05)
Automation Level						
Manual [†]						
ACC	0.12 (0.08)	0.06 (0.07)	0.18 (0.10)	0.05 (0.06)	-0.01 (0.07)	0.04 (0.08)
ACC + LCA	-0.07 (0.04)	0.25*** (0.04)	0.48*** (0.05)	0.15*** (0.03)	-0.17*** (0.04)	-4 (0.04)
Vehicle speed						
0-50 [†]						
50-100	-0.01 (0.04)	0.08* (0.03)	0.07 (0.05)	0.02 (0.03)	-0.01 (0.03)	0.06 (0.04)
100+	-0.18*** (0.05)	0.09* (0.04)	0.13* (0.06)	-0.04 (0.04)	-0.08 (0.04)	0.02 (0.04)
Road curvature						
Straight [†]						
Curved	-0.10* (0.04)	-0.13*** (0.04)	-0.26*** (0.05)	-0.02 (0.03)	-0.03 (0.04)	-0.09* (0.04)
Akaike Inf. Crit.	29,284.14	38,230.86	29,078.23	41,130.21	41,482.00	32,765.17
Bayesian Inf. Crit.	29,350.98	38,297.69	29,145.06	41,197.04	41,548.83	32,832.00

Note: [†] indicates the reference group, * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$. For each model, the intercept and the coefficients describe the effect of the independent variables. They are shown along with the estimated standard error. Coefficients and standard errors correspond to log odds ratios.

**Figure 5.** Proportion of sequences in which the driver interacted with a respective UI element (a) and performed a specific gesture (b).

0.84 times the odds of performing the same interactions at speeds between 0 km/h and 50 km/h. In contrast, for *List* and *Map* interactions, the odds are 1.09 and 1.14 times higher.

The effect of road curvature is significant in all models but the *Homebar* and *Button* models. The coefficients suggest that during curved driving, drivers are in general less likely to interact with the center stack touchscreen. The odds for a driver to interact with these elements in curved driving conditions are between 0.77 and 0.91 the odds compared to straight driving.

Across all models, our results suggest that the effect of ACC + LCA driving on tactical self-regulation is larger than the effect of vehicle speed or road curvature. Whereas the

tendencies for ACC driving are similar, the effect proves to be not significant ($p > 0.05$ for all models). Furthermore the effect of ACC + LCA driving is largest for list and map interactions and small or even negative for the other UI elements.

3.2. Operational self-regulation

Operational self-regulation is evaluated by identifying how drivers adapt their glance behavior. We measure glance behavior in terms of mean glance duration and long glance probability. The results of our (generalized) linear mixed-effects models (see Table 4) suggest that drivers adapt their glance behavior while interacting with the center stack

Table 4. Mixed-effects models for mean glance duration and long glance probability toward the center stack touchscreen.

	Dependent variable:			
	Mean glance duration Linear Mixed-effects		Long glance Generalized linear Mixed-effects	
	Model 1	Model 2	Model 3	Model 4
Constant	7.15*** (0.01)	7.25*** (0.01)	-0.25*** (0.05)	0.21*** (0.06)
ACC	0.10*** (0.01)	0.03 (0.04)	0.44*** (0.07)	0.11 (0.19)
ACC + LCA	0.31*** (0.01)	0.39*** (0.02)	1.29*** (0.04)	1.29*** (0.09)
50–100		-0.11*** (0.01)		-0.48*** (0.05)
100+		-0.17*** (0.01)		-0.66*** (0.06)
Curved		-0.09*** (0.01)		-0.55*** (0.06)
ACC:50–100		0.12** (0.04)		0.39 (0.22)
ACC + LCA:50–100		-0.04* (0.02)		0.14 (0.10)
ACC:100+		0.15*** (0.04)		0.68** (0.21)
ACC + LCA:100+		-0.08*** (0.02)		0.17 (0.11)
ACC:curved		-0.03 (0.06)		0.34 (0.33)
ACC + LCA:curved		-0.15*** (0.04)		-0.54** (0.19)
50–100:curved		-0.03 (0.02)		-0.02 (0.09)
100+:curved		0.01 (0.03)		-0.35* (0.18)
ACC:50–100:curved		-0.07 (0.08)		-0.96* (0.43)
ACC + LCA:50–100:curved		0.07 (0.04)		0.05 (0.23)
ACC:100+:curved		-0.11 (0.10)		-0.74 (0.56)
ACC + LCA:100+:curved		0.10 (0.06)		0.87** (0.30)
Akaike Inf. Crit.	42,903.57	42,246.95	38,850.68	38,392.18
Bayesian Inf. Crit.	42,953.69	42,422.38	38,892.45	38,559.26

Note: * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$. The coefficients and standard errors of the mean glance duration models are given on a logarithmic scale. The coefficients and standard errors for the long glance model represent log odds. All coefficients are shown along with the estimated standard error.

touchscreen based on automation status, vehicle speed, and road curvature.

3.2.1. Mean glance duration

The results of Model 1 as shown in Table 4 suggest that the effect of ACC and ACC + LCA on drivers' mean glance duration toward the center stack touchscreen is significant ($p < 0.001$) compared to manual driving. As the mean glance duration is measured on a logarithmic scale, the exponent of models' coefficients can be interpreted roughly as percent changes. When ACC is active, drivers' mean glance duration increases by $e^{0.10} \approx 1.11 = 11\%$. When ACC and LCA are both active, drivers' mean glance duration increases by 36% compared to manual driving. Post-hoc testing using Tukey's pairwise post-hoc tests reveals that the difference between ACC and ACC + LCA is also significant. The effects are shown in Figure 6a. Figure 6 also shows the mean glance duration for different speed ranges (Figure 6b) and road curvature (Figure 6c). According to the modeling results (see Model 5 Table A3 in Appendix A2), drivers' mean glance duration decreases by 6% when driving between 50 km/h and 100 km/h and by 8% when driving faster than 100 km/h compared to driving between 0 km/h and 50 km/h. It needs to be noted, that whereas these differences are statistically significant ($p < 0.001$) they are not observable in Figure 6b. This is because most of the correlation in the data is explained by the combination of fixed and random effects (trip and car type) rather than by the fixed effect (vehicle speed) alone. This means that the effect of the vehicle speed is only significant when taking into account trip and car type information. However, Figure 6b only shows the mean glance duration according to the vehicle speed. Our results further show that most of the variance in

the data is explained by variations in the trip identifier. Considering that vehicle speeds of 0–50 km/h occur in urban driving but also in very controlled scenarios in a traffic jam on the highway, the trip identifier might be a proxy for different kinds of trips. This also shows that vehicle speed alone might not be the best indicator for changes in driving demand.

In addition to Model 1, Model 2 adds vehicle speed, road curvature, and the accompanying interactions as fixed effects. In this model, the combination of manual and straight driving, at speeds between 0–50 km/h serves as a reference and all coefficients displayed in Table 4 need to be interpreted accordingly. Apart from the significant main effects for ACC + LCA, 50–100, 100+, and curved, the interactions between both levels of driving automation and vehicle speed and the interaction between ACC + LCA and curved are significant. Whereas the interaction effects of ACC and vehicle speed while driving straight are positive, they are slightly negative for ACC + LCA and vehicle speed. This means that the effect of ACC + LCA decreases slightly for higher speeds during straight driving whereas the effect of ACC increases with the speed for straight sequences. This can also be observed in Figure 7.

Furthermore, we are interested in whether the effect of ACC and ACC + LCA driving on drivers' self-regulation differs depending on the driving situations. We, therefore, perform pairwise post-hoc comparisons as shown in Figure 7. We adjust p-values based on Tukey's method for comparing a family of three estimates.

Drivers' mean glance duration is significantly higher during ACC + LCA driving compared to manual driving and ACC driving across all driving situations. During straight driving the mean glance duration during ACC + LCA driving compared to manual driving increases by 47%

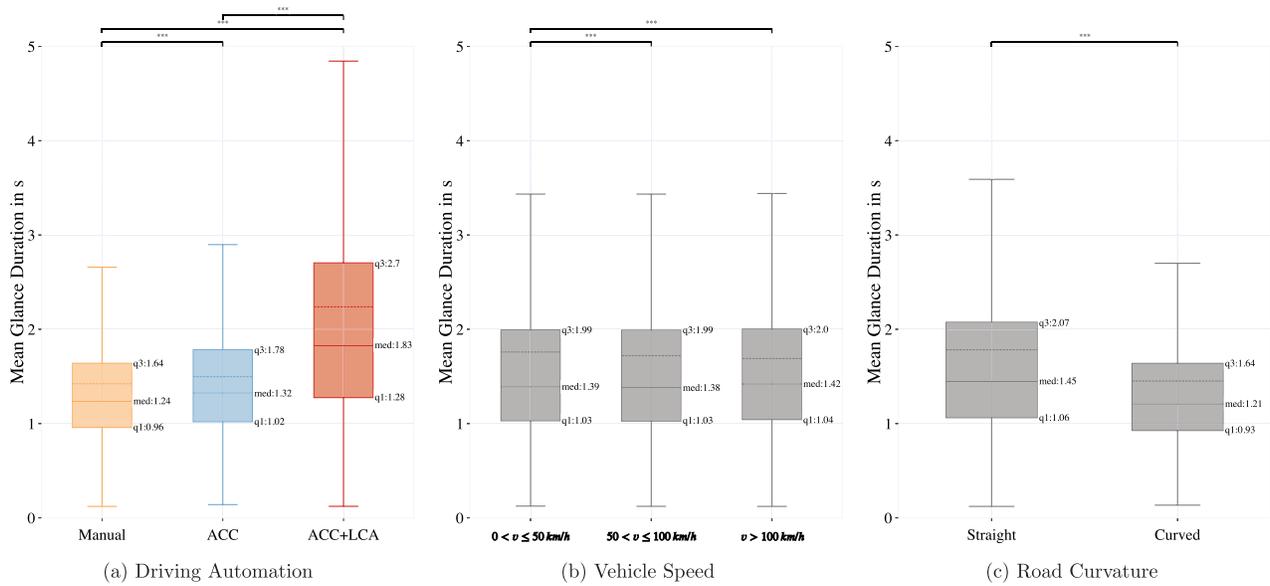


Figure 6. Boxplots of the mean glance duration toward the center stack touchscreen grouped according to the driving automation, vehicle speed, and road curvature. (a) Driving automation. (b) Vehicle speed. (c) Road curvature. Statistically significant differences according to Tukey's pairwise post-hoc test are indicated as: * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

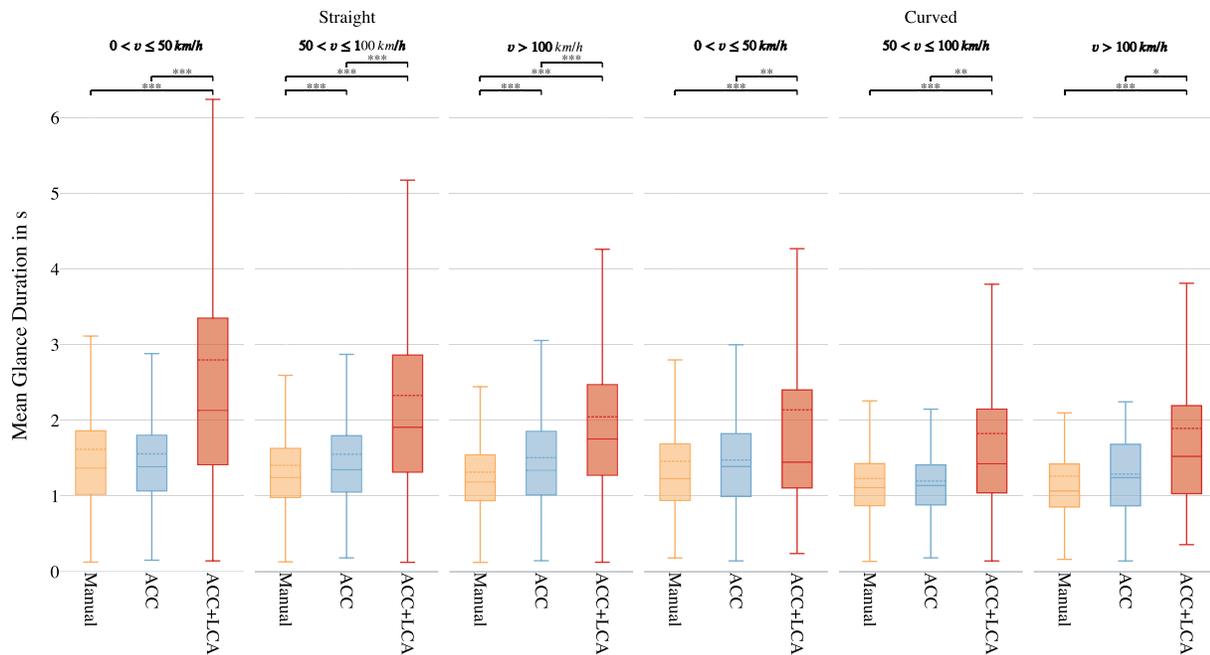


Figure 7. Boxplots of the mean glance duration toward the center stack touchscreen grouped according to road curvature (left and right half), vehicle speed (combination of three boxplots each), and driving automation (by color). Statistically significant differences according to Tukey's pairwise post-hoc test are indicated as: * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

(0–50 km/h), 42% (50–100 km/h), and 36% (100+ km/h). A similar but slightly smaller effect can be observed during curved driving. Here the mean glance duration increases by 27% (0–50 km/h), 30% (50–100 km/h), and 29% (100+ km/h).

The effect of ACC driving compared to manual driving is only significant for straight driving sequences at speeds between 50 km/h to 100 km/h and at speeds above 100 km/h. For these two conditions, drivers' mean glance

duration increases by 15% and 19% respectively. During curved driving no significant effect can be observed for ACC driving.

3.2.2. Long glance probability

The results of Model 3, as presented in Table 4, suggest that the level of driving automation significantly affects the probability that a driver performs a long glance during an

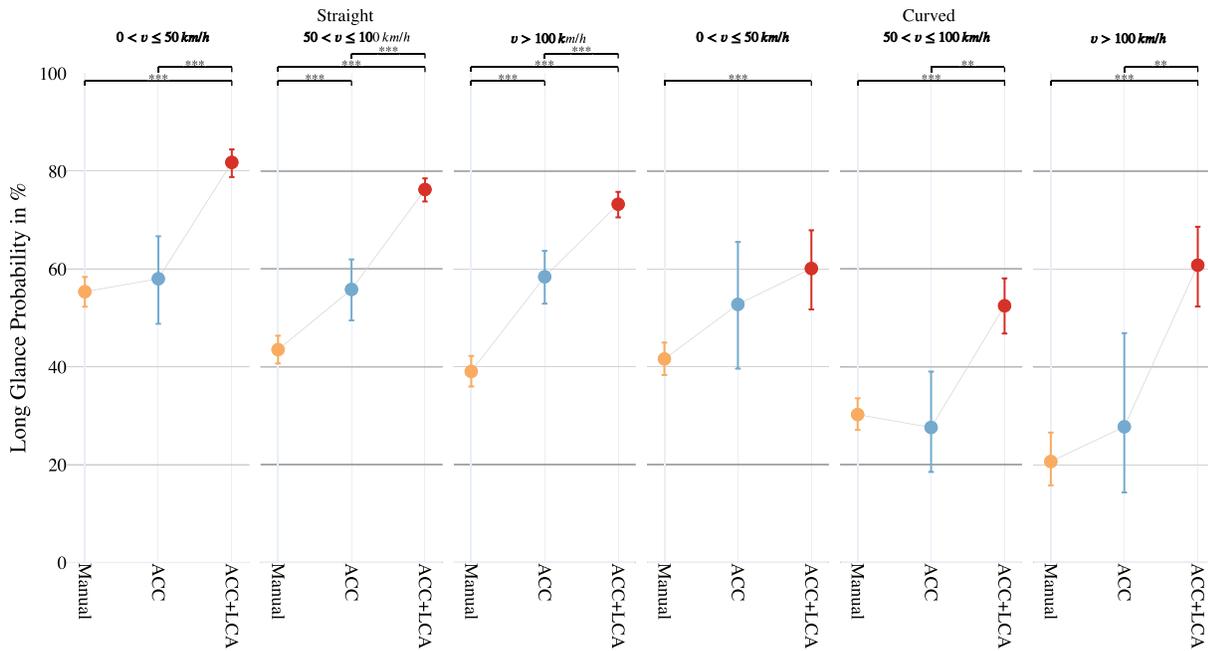


Figure 8. Marginplot of the predicted long glance probabilities and accompanying confidence intervals. The plots are grouped according to road curvature (left and right half), vehicle speed (combination of three boxplots each), and driving automation (by color). Significant results according to Tukey's pairwise post-hoc test are indicated as: * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

interaction sequence. Both, ACC and ACC + LCA lead to an increase in the long glance probability.

The odds that a driver performs a long glance toward the center stack touchscreen are $e^{0.44} \approx 1.6$ (ACC) and $e^{1.29} \approx 3.6$ (ACC + LCA) times higher compared to manual driving. Post-hoc pairwise comparisons also reveal a significant difference between ACC and ACC + LCA with the odds being 2.4 times higher ($p < 1$) in the ACC + LCA condition. The results of Model 4 show significant effects of vehicle speed, road curvature, and various interactions. Comparing the main effects, we observe that compared to the reference, the effect of ACC + LCA is roughly twice as high as the effects of 50–100, 100+, or curved. Furthermore, the effect of ACC driving alone is not significant but various of its interaction effects are. The model predictions and confidence intervals are visualized in Figure 8. Post-hoc tests comparing the different levels of driving automation for the different combinations of speed and road curvatures were performed using Tukey's multiple comparison method.

For interactions during straight driving at 0–50 km/h we observe a significant increase ($p < 0.001$) in the long glance probability during ACC + LCA driving compared to manual driving and ACC driving. The difference between manual driving and ACC driving is not significant. However, when driving at speeds between 50–100 km/h and speeds above 100 km/h, the long glance probability is significantly higher in ACC and ACC + LCA driving compared to manual driving. Similar to the 0–50 km/h condition the long glance probability during ACC + LCA driving is also significantly higher than during ACC driving.

Considering curved driving conditions, there is no significant difference in the long glance probability between

manual and ACC driving across all speed conditions. However, for curved driving at speeds of 0–50 km/h, we observe a significant increase in the long glance probability during ACC + LCA driving compared to manual driving (see Figure 8). For speeds of 50–100 km/h and speeds above 100 km/h, the increase in the long glance probability during ACC + LCA is significant compared to both, manual driving and ACC driving. For curved driving, no significant difference can be observed between manual driving and ACC driving. We can also observe that the confidence intervals for all ACC conditions are more widespread compared to the manual driving and ACC + LCA driving conditions.

Also shown in Figure 8, is the tendency that the long glance probability decreases with an increase in vehicle speed. This is in line with the model coefficients reported for Model 4 in Table 4. The same holds true for curved driving. Post-hoc pairwise comparisons show that during curved driving drivers' long glance probability decreases significantly across all conditions except ACC driving at speeds 0–50 km/h ($p = 0.5077$).

4. Discussion

4.1. The effect of driving automation on tactical self-regulation

Our findings on drivers' tactical self-regulation show that drivers adapt their interactions with the center stack touchscreen based on the automation level, vehicle speed, and road curvature (RQ1). Our results show that, drivers perform more touchscreen interactions per sequence with an increasing level of driving automation. Whereas speed

influences the number of interactions only slightly, the number of interactions during curved driving decreases by 16%. By breaking down interactions into specific touch gestures, we show that drivers in particular perform more complex gestures like drag and multitouch gestures during automated driving. Drivers also perform significantly less drag and multitouch gestures during curved driving compared to regular tap gestures. Both findings together suggest that drivers adapt their behavior to avoid complex touch gestures in demanding driving situations. They rather engage in such interactions during times of low driving demand. This is in line with the findings of Noble et al. (2021) who found that drivers were more likely to perform high-risk secondary tasks during automated driving sequences.

Concerning drivers' interaction with specific UI elements, we show that during ACC+LCA driving, drivers interact particularly more often with lists or maps compared to other elements like the homebar or AppIcons. A potential explanation for this behavior is that lists and maps are visually more complex and drivers seem to perform these interactions in less demanding driving situations, e.g., with automation enabled or while driving straight. In contrast, the homebar, for example, is easy to access as it is visible on every screen and always located in the same position. The probability of drivers interacting with elements located at the homebar even decreases during ACC+LCA driving compared to manual driving. This could be due to many reasons. One of which may be that during situations of less driving demand, drivers prefer to use interfaces that allow for more control. For example, while it's possible to skip to the next song or radio station using the skip button on the homebar, the media app offers a complete overview of available songs and radio stations. Thus drivers have full control and can choose whatever they prefer. Whereas we observe similar trends for interactions during ACC driving, none of the differences proved to be significant. In our previous work (Ebel et al., 2022), using parts of the data that we use in this approach, these differences were statistically significant. One reason for this difference could be modifications in the UI software. Since the data is collected from test vehicles, the software is regularly updated so that the UI versions are optimized over time in terms of design, performance, and stability.

Considering drivers' behavioral adaption of touch gestures and UI elements, it is noticeable that drivers' self-regulation of complex interactions is more sensitive to changes in the driving demand than that of simpler interactions. Meaning that with an increasing driving demand the number of complex interactions decreases faster compared to simpler interactions and vice versa. These findings are in line with previous work (Choudhary & Velaga, 2017; Morgenstern et al., 2020; Onate-Vega et al., 2020; Oviedo-Trespalacios et al., 2018; Schneiderei et al., 2017), suggesting that drivers tend to perform more demanding tasks in less demanding driving situations. In contrast to related work, which mostly investigates the effects of drivers' tactical self-regulation on a task level, we show that these effects

also exist on an interaction level. These new insights can help inform future UI designs for center stack touchscreens.

4.2. The effect of driving automation on operational self-regulation

In this study, we show that drivers not only adapt their glance behavior according to the level of driving automation (RQ2), vehicle speed, and road curvature but also show that significant interdependencies between these factors exist (RQ3). These novel findings suggest that drivers extend the margins to which they consider it safe to focus on the center stack touchscreen with an increasing level of driving automation. Even though drivers are supposed to constantly supervise the driving automation (On-Road Automated Driving (ORAD) Committee, 2021), the median glance duration during touchscreen interactions in ACC+LCA driving is 0.59s longer than in manual driving. In comparison, Morando et al. (2021) report an average increase of 0.3s for glances to the center stack regardless of drivers interacting with the touchscreen. In line with the findings of Noble et al. (2021), Gaspar and Carney (2019), and Morando et al. (2021), we also show that drivers are more likely to perform glances longer than two seconds when driving automation is enabled. Whereas Morando et al. (2021) report an increase in the long glance probability toward the center stack touchscreen between manual and level 2 driving of 425%, our results are similar to that of our previous study (Ebel et al., 2022) and suggest an increase of 263%. While the trend is similar, the absolute difference is probably due to differences in the driving environments, the systems under test or the data acquisition.

We also show that during ACC+LCA driving, drivers significantly increase in their mean glance duration toward the center stack touchscreen. This effect is statistically significant across all driving conditions and in line with the model explanations provided by Ebel et al. (2023). In contrast, Noble et al. (2021) and Morando et al. (2019) found no significant differences in the mean off-road glance duration for ACC or LCA driving compared to manual driving. There may be two reasons for this: First, the amount of data we leverage in this study is larger. Second, our eye tracker explicitly detects glances toward the center stack touchscreen that we then map to UI interactions. In other studies (Morando et al., 2019; Noble et al., 2021; Risteska et al., 2021; Yang et al., 2021), authors could not differentiate between general off-path glances, which might still be driving-related, and distraction-related off-path glances. This, inevitably, increases the number of false positives, making it harder to obtain significant results. Considering drivers self-regulation during ACC only driving, drivers increase their glance duration only for straight driving sequences and at speeds between 50–100 km/h and speeds above 100 km/h. For all other driving situations, the effect is not significant. This suggests that drivers trust the ACC+LCA system to take over at least parts of the driving task in a wide variety of driving situations. On the other hand, they only make use

of the benefits of the ACC system in relatively controlled driving situations.

4.3. Limitations and future work

Naturalistic driving studies allow us to observe drivers in their natural and diverse driving environment. Driving simulator studies or test track studies, in contrast, suffer from an *instruction effect* because participants need to perform specific predefined tasks (Carsten et al., 2017). Furthermore, by leveraging production systems, we collect a large amount of data without the need for, potentially, error-prone manual labeling. However, certain limitations should be considered when interpreting the results.

All cars that contributed to the data collection are company internal test cars. Whereas, they are subject to various testing procedures but also for transfer and leisure rides of employees. Yet, the results of our data analysis do not indicate that specific UI stress tests have been conducted while driving. Furthermore, we argue that even during certain test protocols to evaluate driving-related functions, the incentive to interact with the IVISs does not differ from real-world driver behavior. Nonetheless, it is important to note that the software in these test cars is frequently updated and improved. This applies to the UI software as it does to the camera or Advanced Driver Assistance System (ADAS) software. This can lead to changes over time in the way drivers interact with the UI or how they self-regulate their behavior with regard to the driving demand. Compared to our previous work (Ebel et al., 2022), we can observe differences in the glance and interaction behavior. The differences suggest that drivers' self-regulative behavior is sensitive to small changes in the UI or ADAS capabilities. To better understand this effect, similar naturalistic driving studies that compare various IVISs and ADASs are needed.

Another limitation that is that drivers need to be considered expert users. They are familiar with the cars and additionally obtained a prototype driver's license. Yet, the effect this might have is not clear. Whereas more experienced drivers tend to distribute their visual attention more adequately (Wikman et al., 1998), Naujoks et al. (2016) report that drivers who are familiar with driving assistance systems are more likely to engage in secondary tasks during assisted driving compared to drivers with no experience. In general, the glance duration distribution is roughly similar to those reported in related studies (Gaspar & Carney, 2019; Morando et al., 2019; Noble et al., 2021).

Due to data privacy regulations, we cannot differentiate between individual drivers. We can only differentiate between different trips and car types. Considering that more than 100 cars, with even more individual drivers, contributed to the data collection, the risk of overfitting to particular drivers is small. However, it is important to consider that only employees contributed to the data collection. For this reason, the results are likely biased toward mid-age drivers.

As we cannot differentiate between individual drivers, we are not able to show personal differences in drivers' self-regulative behavior. However, most of the models fitted (e.g., Model 2 and Model 4 in Appendix A2) in this study have a significantly smaller Marginal R^2 compared to the Conditional R^2 (Nakagawa & Schielzeth, 2013). This indicates that most of the covariance in the data is explained by the fixed and random effects together rather than by the fixed effects only. Even though we only incorporate the trip ($n = 10,402$) and car type ($n = 138$) as random effects these difference in the Marginal R^2 and Conditional R^2 suggest that trip-related or personal differences might influence self-regulation. This in line with previous research, but quantifying this effect based on naturalistic data could be the logical next step. The effect of task priority on self-regulation (J. D. Lee, 2014) is another factor that is not currently considered, but may provide insights that can aid the design of IVISs.

This work could be further improved by incorporating more features that describe the driving demand. Currently, we do not consider environmental factors such as weather and daylight. Speed and curvature may also not be sufficient to distinguish between different driving situations. Low speed and straight driving might be typical for traffic jam behavior (very controlled and easy environment), but also for city driving (very uncontrolled and difficult environment). Including these features could help to provide a more holistic picture of drivers' behavioral adaptations to driving demands.

5. Conclusion

We present the first naturalistic driving study to investigate tactical and operational self-regulation of driver interactions with center stack touchscreens. Understanding self-regulation is key to understanding the effects of automation and assistance functions on driver distraction and driving safety. Furthermore, knowledge about self-regulation may help design more user-centered and context-aware IVISs. The key strengths of our study over the state-of-the-art are two-fold: (1) The large amount of naturalistic data, compared to related approaches (Morando et al., 2019; Naujoks et al., 2016; Noble et al., 2021), allows us to investigate drivers' tactical and operational self-regulation in greater detail concerning the driving demand. (2) We evaluate self-regulation specifically during interactions with the center stack touchscreen by combining driving data, UI interactions, touch gestures, and explicit glances toward the center stack touchscreen. That makes this the first naturalistic driving study to show self-regulation based on the analysis of touchscreen interactions.

Our modeling results show that driving automation has a stronger effect on self-regulation than vehicle speed or road curvature. Drivers interact more with the IVIS when ACC or ACC + LCA is enabled, use more complex UI elements, and perform more complex touch gestures. Even though driving assistance functions up to level 2 still demand the driver to have full control over the car, we observe 36%

longer glances toward the center stack touchscreen when ACC + LCA is active.

Further research is needed, but based on the assumption that drivers kept the driving similarly safe throughout all conditions, fixed limits for acceptable demand as reported in the NHTSA Driver Distraction Guidelines (National Center for Statistics & Analysis, 2014) need to be adjusted according to different levels of driving automation and driving demands.

Notes

1. The dataset statistics are given in [Appendix A1](#).
2. The results of the other models are provided in [Appendix A2](#).

Disclosure statement

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests: Christoph Lingfelder is an employee of the MBiton GmbH which is a subsidiary of Mercedes-Benz. The data used in this work was collected from Mercedes-Benz cars.

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Data availability statement

The author(s) do not have permission to share data.

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Appendix A1. Dataset summary statistics

Table A1. Summary statistics over all 31,378 interaction sequences.

Statistic	Mean	St. Dev.	Min	Pctl(25)	Median	Pctl(75)	Max
Number of interactions	6.515	5.530	1	3	5	8	41
Number of tap gestures	4.988	4.913	0	2	4	6	40
Number of drag gestures	0.789	1.826	0	0	0	1	32
Number of multitouch gestures	0.721	1.992	0	0	0	0	29
Mean glance duration center stack in s	1.72	1.23	0.12	1.03	1.40	2.00	34.08
Number of glances per sequence	6.068	5.106	1	3	5	8	59
Number of long glances	1.322	1.875	0	0	1	2	22
Total glance duration in s	9.70	9.26	0.12	3.96	7.08	12.16	262.42
Average speed in km/h	77.57	35.95	0.37	48.33	77.71	104.61	242.26
Number of Keyboard interactions	0.330	2.018	0	0	0	0	37
Number of Tab interactions	0.314	1.081	0	0	0	0	35
Number of List interactions	0.852	2.097	0	0	0	1	41
Number of Map interactions	1.394	3.581	0	0	0	1	40
Number of ControlBar interactions	0.020	0.165	0	0	0	0	4
Number of Button interactions	0.862	1.912	0	0	0	1	36
Number of Homebar interactions	1.126	2.341	0	0	0	1	36
Number of ClickGuard interactions	0.063	0.343	0	0	0	0	14
Number of CoverFlow interactions	0.107	0.806	0	0	0	0	27
Number of PopUp interactions	0.019	0.176	0	0	0	0	9
Number of Applcon interactions	0.286	0.644	0	0	0	0	14
Number of Slider interactions	0.062	0.481	0	0	0	0	22
Number of Other interactions	0.833	1.626	0	0	0	1	37
Number of Unknown interactions	0.030	0.347	0	0	0	0	23
Number of RemoteUI interactions	0.215	1.413	0	0	0	0	40

Calibration Plot of Model 4

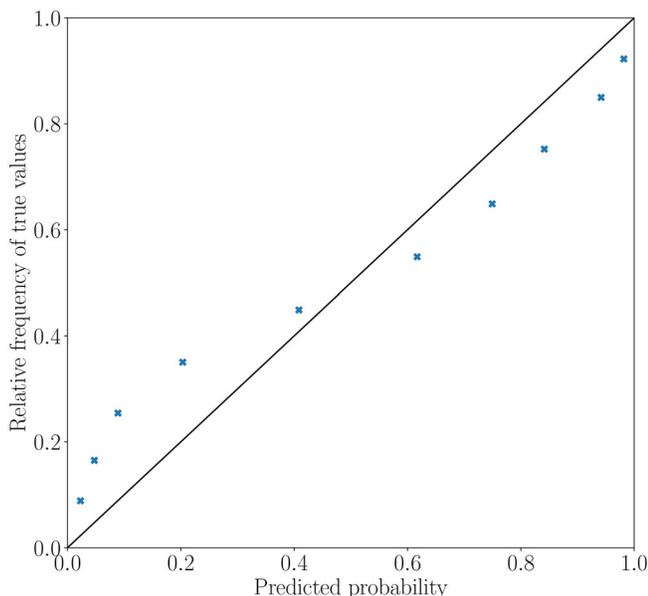


Figure A1. Calibration plot of Model 4 (generalized linear mixed-effects model). Marginal $R^2 = 0.099$, Conditional $R^2 = 0.347$.

Appendix A2. Models

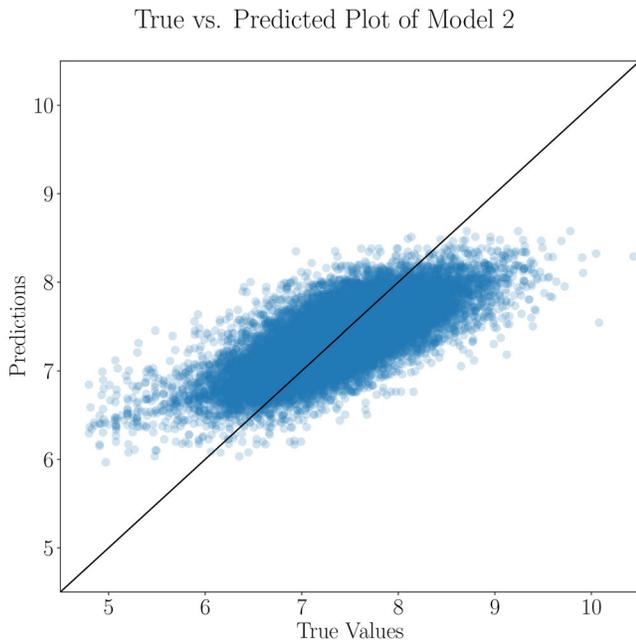


Figure A2. True values of the mean glance duration plotted against the predictions of Model 2 (linear mixed-effects model). All values are given on a logarithmic scale. Marginal $R^2 = 0.091$, Conditional $R^2 = 0.441$.

Table A2. Mixed-effects models for the interaction probability with Keyboard, CoverFlow, Slider, RemoteUI, ControlBar, Other, and Unknown UI elements.

	Dependent variable:					
	Keyboard	CoverFlow	Slider	RemoteUI conv. Error	ControlBar	Other
Intercept	-8.46*** (0.19)	-9.35*** (0.22)	-8.88*** (1)	-10.33*** (0.23)	-10.37*** (0.30)	-0.40*** (0.03)
ACC	0.07 (0.26)	0.43 (0.30)	0.02*** (1)	-0.01 (0.30)	0.31 (0.34)	0.06 (0.07)
ACC + LKA	0.21 (0.14)	0.39* (0.16)	0.18 (0.12)	-0.31* (0.15)	0.14 (0.22)	-0.17*** (0.03)
50-100	-0.19 (0.12)	-0.13 (0.14)	0.24*** (1)	-0.07 (0.15)	0.32 (0.18)	0.07* (0.03)
100+	-0.32* (0.14)	-0.31 (0.16)	0.23* (0.11)	0.05 (0.17)	0.37 (0.22)	0.09* (0.04)
curved	-0.15 (0.13)	-0.38* (0.16)	-0.33* (0.15)	-0.14 (0.15)	-0.36 (0.20)	-0.06 (0.04)
Akaike Inf. Crit.	8,886.07	6,982.70	7,282.68	6,270.20	3,965.26	41,098.95
Bayesian Inf. Crit.	8,944.55	7,041.17	7,341.16	6,328.68	4,023.74	41,157.43

Note: In contrast to the models presented in the article we did not include the car type as random effect since it led to a singularity warning. This warning is often associated with an overfitted model as the random effect structure might be too complex to be supported by the data. This in turn might be due to the small amount of interaction with these UI elements. conv. error: Model failed to converge, * $p < 0.05$; ** $p < 0.01$; *** $p < 0.001$.

Table A3. Mixed effects models for the mean glance duration according to speed and road curvature.

	Dependent variable:	
	Mean glance duration	
	Model 5	Model 6
Constant	7.28*** (0.02)	7.27*** (0.02)
50-100	-0.06*** (0.01)	
100+	-0.07*** (0.01)	
curved		-0.14*** (0.01)
Akaike Inf. Crit.	44,429.86	44,178.02
Bayesian Inf. Crit.	44,479.98	44,219.78

Note: *** $p < 0.001$.